

A Retreat for Caregivers

*As we have seen and heard in the words and many examples of Pope Francis,
it is a holy endeavor to reach out and care for others in need,
to extend ourselves beyond what might occur naturally,
to commit ourselves to spiritual and corporal works of mercy.*



*Caring for others — whether professionally and/or personally — can also be distressing
and many of us in helping roles have developed our gifts and skills in responding
to others' needs well beyond those we have nurtured for ourselves.*

*If you serve in some way as a professional minister to others
or perhaps care for someone among your family and friends,*

*Manresa Jesuit Retreat House offers a weekend retreat
that provides time for women and men like you to rest, relax, and renew themselves.*

- Presentations and Prayer with Scripture
- Reflection and Rest
- Healing Service
- Optional Group and One-on-One Sharing

*Where: Manresa Jesuit Retreat House
1390 Quarton Rd. Bloomfield Hills, MI 48304*

*When: Friday, January 27 - Sunday, January 29, 2017
finishing with lunch on Sunday*

Facilitator: Sally Smolen, MSN, PhD

