

THE TRANSFORMING POTENTIAL OF GRIEF



- A retreat for those who are grieving the loss of a loved one through death and/or a non-death-related loss of significance
- An opportunity to leave one's daily routine for a weekend away for rest, renewal and prayer
- The retreat will include varied experiences of prayer, presentations, personal reflection, faith sharing, group discussion, quiet times and celebrating the Eucharist together.
- All experiences will be optional to allow each person to participate as needed and desired.



Sister Sally Smolen, RSM is a transformative grief specialist whose healing ministry includes nursing, clinical psychology, liturgy, and adult education.

Sister Cheryl Phillips, RSM is a studio artist based in Detroit, MI. Aside from a Bachelor of Fine Arts degree, she has a Master's in Art Therapy and a Master's in Art Education. As a practitioner of yoga, she is a 200 hour certified yoga instructor.

**RETREAT BEGINS WITH DINNER AT 7:00 PM
FRIDAY, MAY 19 AND
CONCLUDES WITH LUNCH ON SUNDAY, MAY 21**

YOU MAY REGISTER FOR THIS RETREAT WITH A NON-REFUNDABLE DEPOSIT OF \$40.00

Online at: www.manresa-sj.net

Phone at: (248) 644-4933, Ext. 10 to register or for further information.

Manresa Jesuit Retreat House, 1390 Quarton Road, Bloomfield Hills, MI 48304